

rediscovering our

Innocence



A Day of Play for Radical Self-Forgiveness

- **Forgiveness isn't just a concept** — it's a lived, felt, known experience. In this HeartWave workshop, discover how **emotional depth** can be met with **playful release** for truly **transformative healing**.

WHAT YOU'LL EXPERIENCE



A Sacred Container

Gently explore what's obstructing your desire for true peace and fulfillment with a small, dedicated group of beings.



Depth & Playfulness

Lots of healing laughter, play, sound, and movement to help you release what may be "stuck" in the body and nervous system.



Living Practices

You'll walk away with a clear roadmap for practicing self-forgiveness and knowing exactly how it feels when it's been attained.

READY TO REDISCOVER YOUR INNOCENCE?

Join John Love and Kendra Hammer for a weekend of **emotional depth** and **playful release**, **inner exploration** and **joyful integration**.

Discover the freedom and peace that comes when we allow ourselves to experience genuine forgiveness.



Learn more:

 LunaCenter.eventbrite.com

 contact@luna-center.org



Special Friday night welcome with Jayem from Way of Mastery!